

Happy 7th birthday, Winton!

The Winton Hospice Shop celebrated its seventh birthday on November 1 last year.

The shop has been managed by Maree Ronald all that time and has achieved more than \$400,000 in sales over the period – a tremendous result for a small town shop.

Maree has a loyal group of about 30 volunteers who assist in the shop sorting through donated items, preparing and sometimes fixing goods and handling sales at the counter.

She says they are an “amazing, dedicated and hard case bunch” who create an enjoying working atmosphere at the shop at 8 Wemyss St.

Pictured celebrating with a piece of cake are (from left) Jan Brackfield, Ruth Baxter, shop manager Maree Ronald, Ann Drummond and Charlie Daly.



Events

These are the events hospice is organising or is involved with in the coming three months:

FEBRUARY 11
Annual Street Appeal

FEBRUARY 16
Staff BBQ

MARCH 19
Rotary Cycle Challenge

WAYS TO DONATE

There are several ways you can donate to Hospice Southland after cheques were stopped in June.

Here are five payment alternatives:

- Internet Banking** Pay directly by internet banking into our Westpac bank account 03-1745-0005791-00 giving your name and phone number as reference details.
- By post:** List your credit card (or visa debit card) details and amount to donate in the cut-out panel on page 5 and post it in an envelope to us at PO Box 7020, Invercargill 9844.
- Our website:** Search the internet for hospicesouthland.org.nz, click on 'About Us', then click on 'Make a Donation' and enter your credit card details.
- By cash:** Drop off cash or swipe your eft-pos debit card at one of our seven hospice shops
- Givealittle:** Go to our Givealittle page on the internet at www.givealittle.co.nz/org/hospicesth

If you require any assistance with making a switch to an alternative payment method, please feel free to give either Kathryn or Lynn a call on (03) 211 3081 and they will talk you through the options.

Yes, I would like to support Hospice Southland.

Title ☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Name

Address

Phone

Email

Please send me information on:

- ☐ Hospice Southland services
☐ Becoming a volunteer
☐ Including Hospice Southland in my will

Please find enclosed my credit card donation of \$

Please debit my ☐ Visa ☐ Mastercard

No.

Expiry date /

Name on card

Signature

Thankyou for your generous support. We receive only half our funding from government. Your monies help keep palliative care free to patients with life-limiting illnesses in Southland and Queenstown/Wakatipu.



Donations

These donations, grants and bequests of more than \$1,000 were received between October to December 2021. We also receive many donations less than this. We thank you all.

DONOR	AMOUNT
Anonymous	\$1,500
Copeland Ashcroft Law	\$1,000
CS Roofing Invercargill	\$4,400
Estate Anne Lonsdale	\$1,000
Estate Colin Henry Moar	\$415,000
Estate G C Lee	\$2,000
Estate R G Winwood	\$10,000
Estate W K Stevens	\$2,000
Hazlett Ltd (calf scheme)	\$31,556
Heather Walsh	\$1,000
Hugh Anderson Charitable Trust	\$6,000
ILT Foundation	\$26,250
Invercargill Licensing Trust	\$30,000
Invercargill Spinners & Weavers Group	\$1,661
Kathryn Allen	\$1,000
Lindy Dobson	\$25,000
Mr E Maloney	\$10,000
Neville Stronach	\$1,000
Owen & Cathy Copinga	\$5,000
Paul Barbour	\$1,500
PGG Wrightson (calf scheme)	\$2,165
Philippa Blackler	\$1,000
Rodney Botting	\$1,000
Shona Tippet (Christmas Grotto)	\$1,208
Southland Hospital Volunteers	\$1,200



Queenstown shop manager Boggy McDowell (back right) entertained some school children from Carterton during a recent visit.

From Carterton to Queenstown

A group of children from a school in the Wairarapa donated \$500 to the Whakatipu Hospice Shop in Queenstown after visiting it recently.

The donation was made as a thank you to shop manager Boggy McDowell for giving the nine students from St Mary's School in Carterton a guided tour of the shop and a talk about what Hospice Southland does in the community.

It's not everyday a school group visits a hospice shop but Boggy was more than happy to show them around one day last November upon hearing Queenstown had replaced Rarotonga as their place of choice after the Covid lockdown scuppered a planned overseas trip.

Wishlist

You don't need to be rich to make a difference. Many of us wish we could give back to the community, but we often just don't have the means. That's why we have our wish list! Big or small, your contribution counts.

By donating these items, you help us reduce our costs and keep hospice's palliative care services free 24/7 to patients and support their families.

- 9 Volt alkaline size C batteries
- 410g cans peaches or apricots
- Moccona coffee
- 1L fruit juices
- 250ml cans Sprite
- Eggs
- Whitener (Vanish)
- Condensed milk
- Reduced cream
- Tinned fish
- Small coffee table

[facebook.com/hospicesouthland](https://www.facebook.com/hospicesouthland)
www.hospicesouthland.org.nz

\$ DONATE NOW

To make a direct credit by internet banking, please make donations to:

HOSPICE SOUTHLAND 03-1745-0005791-00

Please use your name or organisation along with your phone number as a reference.

LOVING HOSPICE

Summer 2022

Blankets of love



Nurse Sue Taylor with sewer Judith Fanning and some of the 450 blankets made from scarves given away to charities by hospice.

A project to knit scarves to give to needy people which started in hospice's Day Program six years ago has reached fruition – with a twist.

The initiative was to knit scarves the length from Invercargill to Glenorchy – the area hospice serves – in an attempt to create a world record. These have since been sewn together to create blankets with hundreds given away to charities.

“This project has finally come to an end with a grand total of 2500 metres of scarves sewn up into 450 blankets.”

Project Coordinator Sue Taylor, a nurse at hospice

“The blankets have been given to various charities in Invercargill, Cromwell, Dunedin and to Mission Without Borders. They have all been gratefully accepted.

Sue thanked all the supporters for the time and effort put in knitting the scarves.

“To Jean Park and her team in Dunedin, to some of the staff here at hospice for helping, to Shirley Hackett and her team here in Invercargill, to [caretaker] Tony Rain who had the job of shifting the bales around, to my neighbour Judith Fanning who has sewn up at least three quarters of them while watching TV – her record was four a night – it would have taken a lot longer to complete them if it wasn't for her.”

While Sue added they didn't make the world record as planned, she thanked former Day Program coordinator Shirley Smith for initiating the project. “Overall, it has been a very successful project.”

McIntyre Dick donation

Accountancy firm McIntyre Dick & Partners is the latest corporate sponsor to join the Hospice Southland family.

Chief executive Rachel Lock presented a \$5,000 donation to our chief executive Flora Gilkison at hospice on December 10 last year.

Rachel explained the money comes from their annual Christmas client gifting initiative, where through a 1100-strong client survey and reception voting system, Hospice Southland has been elected as the deserved recipient this year.

“We send out a small yet relevant token of thanks to our clients as part of this initiative,” she said. “This year we sent sunflower seeds as a token for clients to plant in remembrance of their loved ones at Christmas time.”

Thanks very much for voting for us, McIntyre Dick and clients. These donations go towards the operating expenses of running a large palliative care service only partly funded by government.

Pictured right: McIntyre Dick & Partners chief executive Rachel Lock (left) presents a 'cheque' for \$5,000 to Hospice Southland chief executive Flora Gilkison.



Hospice Southland Charitable Trust
PO Box 7020, Invercargill South 9844
Southland Hospital Grounds
Gate 1, Elles Road
Invercargill 9810



☎ 03 211 3081
✉ office@hospicesouthland.org.nz

From the CEO

A big thank you to our staff, volunteers and supporters for all your efforts during 2021. It's the family atmosphere we develop which gives hospice a special place in many Southlanders hearts.

This was very evident in recent trips to our shops in Te Anau, Queenstown, Invercargill and Gore. What struck me was not only the generosity of volunteers giving their time and commitment to hospice but the comradery and support that builds up amongst each of the shops.

Christmas has come and gone, and we were truly blessed with gifts including 25kg of cherries, four hams, three Christmas cakes and two turkeys. No one really wants to spend time in hospice at Christmas, but some patients have to so at least they were well fed. Many thanks to those staff and board members who joined in round the piano to sing Christmas carols to the patients.

The inaugural Christmas Raffle was an enormous success with more than \$23,000 raised, so thanks to those supporters who bought tickets, the staff and volunteers for making it all happen and to Invercargill Mitre 10 Mega for providing the goods.



The Calves for Hospice sale at the end of last year raised nearly \$40,000. We are extremely grateful to the many farmer supporters who faithfully raise and donate a weaned calf each year.

I must give thanks to our nursing director John Cochrane and his nursing team. Organising staff over Christmas and New Year is always a juggle so it was great to see everyone working together.

We now have three doctors and a nurse practitioner on staff, and they are all so supportive and caring of our patients.

They are establishing good links with colleagues at the district health board and in primary care which will only strengthen with the great teams we have.

Ros Harrington and her Patient and Family Support team are doing a great job, especially important at this not-so-festive time of the year for some. Grief is often uncharted territory for our patients and families and the care shown by this team is a real strength of Hospice Southland.

We have lots of things to look forward to in 2022, including a redeveloped website and possible property developments around the province.

Flora Gilkison, Chief Executive Officer, Hospice Southland

Friends in Concert

The Friends in Concert performance in Winton on December 12 raised \$581 for hospice.

Organiser and musician Colin Hendry presented Winton Hospice Shop manager Maree Ronald with the proceeds just before Christmas.

The concert at the Central Southland Presbyterian Church was a mixture of songs featuring soprano, alto, tenor and bass performers with Colin accompanying them on the piano.

This year the performers were Claire Benedict, Cleo McNaught and Neve Templeton (soprano); Karen Williams and Gill Hendry (alto); Malcolm Williams and Jeff Walker (tenor); Deacon Kynan-Wilde, Kelvin Templeton and Ewan Adam (bass).

"Colin puts this show on every year and the proceeds always go to hospice," says Maree. "After sending the receipt to Inland Revenue he donates the tax refund to us too."

Thank you very much again, Colin!



Colin Hendry presents money raised from the Friends in Concert to Winton Hospice Shop manager Maree Ronald.

Lions wish list donation

It's great knowing our Wish List is being read far and wide!

Recently a delegation of Waihopai City Lions Club members visited to drop off boxes of donated grocery items valued at \$200.

They contained many rolls of toilet paper, cleaning powder, soft drink, crackers and coffee – all items in high use by or for our patients.

"The club is very supportive of hospice and we decided to donate as many items as possible on your wish list," said club member and project coordinator Lesley Nicholson.

The wish list of regularly needed items is published on our website (under News and Events) and printed quarterly in this

Christmas raffle winners

Helen and Jason Watson of Winton are the winners of the 2021 Hospice Christmas Raffle.

The Watsons, who are also donors to our calf scheme, won a trailer full of hardware goods from Invercargill Mitre 10 Mega – including the trailer – worth \$3,500.

The second prize of a \$1,500 Air New Zealand Mystery Break was won by Mr M. McTainish. Both raffle prizes were drawn under police supervision on December 21.

hospice newsletter, which goes out to thousands of supporters in the Southland and Wakatipu regions.

Thanks very much, Waihopai City Lions! Lesley is pictured at left with hospice chief executive Flora Gilkison and club president Bryce Bousfield.



Thank you to all those who purchased tickets in our inaugural Christmas raffle. You helped us raised more than \$23,000 – a fabulous effort!

Hospice event coordinator Suzanne Prentice acknowledged the efforts of 168 volunteers who manned the ticket stand at Mitre 10 over three weeks, plus the hospice shop staff who sold tickets over their counters.

"Thank you for all your help with this event, your generously given time is very much appreciated," she said. She was also appreciative of management of Invercargill Mitre 10 Mega allotting them an ideal space opposite the front door in the frenetic lead up to Christmas.

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Marg Robson and Denise Knight with their Christmas cakes given to shop volunteers and others.

Christmas cakes all round

There can be few things more wholesome than a little love between helpers.

The helpers at each of our seven shops received a Christmas cake made by volunteers and staff in the hospice kitchen as a festive thank you for their efforts throughout this Covid-affected year.

The cake makers were volunteer Marg "Trouble" Robson and house manager Denise Knight with their finished creations. (Marg is nick-named Trouble due to the mischief she gets up to at the Yarrow St store where she has donated her time for many years).

"We recognise this year has had its challenges along the way, so we really hope our shop volunteers enjoy this gesture as we are always in debt to their generosity, dedication and hard work," said hospice volunteer coordinator Jody Forbes.

In fact, ten cakes were made, with two donated to our doctors and nurses and one for the Day Programme Christmas lunch.

The 20cm cakes were made in the traditional fruit format with icing donated by the Rimu Rural Women's Group and ingredients donated by Kaan's Catering Supplies.

Great stuff, ladies! Our waistlines thank you.

The ideal gardener volunteer

A face familiar to farmers over the years is now a familiar face at hospice.

Brent Davidson is using his retirement from farm merchandising as a practical opportunity to help at hospice after it cared for two family members who became terminally ill.

Brent stepped down after a 45-year career working as a store manager at Wrightsons and later Farm Source two years ago and now helps tend the expansive gardens at hospice's headquarters in Invercargill.

His 24-year-old son Shaun died from melanoma while being cared for at hospice seven years ago, while his mother Audrey also died at hospice. "I wanted to give something back. Shaun was married here and died in his bed a few hours later," said Brent.

"It's also nice to do something for an organisation that doesn't get a lot of [government] funding. Hospice is more important than spending money on holding meetings with gangs!" A talker as well as a doer, Brent wasn't going to sit around in his old age and has thrown himself not only into gardening but fixing some of the outdoor furniture dotted around hospice. A picnic table for patients has been sanded back and re-stained thanks to Brent.

"That's a little part of what hospice is. The support and strength they give people going through hardship is huge."



Gardening volunteer Brent Davidson shows off his tattoos.

At 66 he's still pretty fit, having spent 50 years teaching martial arts kung fu and tai chi. "I wasn't much good at rugby, but I liked martial arts. I'm a fourth-degree black belt." He's also stimulating his brain doing a Te Reo Maori language course through SIT.

Dressed in typical gardener attire of t-shirt and shorts, your eye is quickly drawn to the large animal tattoos on his arms and legs. It's another hobby he took up, prompted by his wife Rachel who shouted him a session at a tattoo parlour for his 64th birthday. The first one was done in honour of Shaun.

Hospice Southland volunteer coordinator Jody Forbes says Brent is a very good volunteer gardener with a strong work ethic. If you've got a few hours spare and would like to assist in our gardens, give Jody a call on (03) 211 3081.



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Donate for slippers

Can you help us slip on some patient slippers?

Each patient admitted to our IPU receives a pair of these special red slipper socks. They're medical-grade double-tread terrycloth slippers with skid-resistant soles designed to prevent falls.

The patients love them as they're comfortable, soak up sweat and are easy to pull on and off. If America's Cup-winning yachtsman Peter Blake were still alive, he'd rave about these fashionable foot friends!

The socks cost about \$3 a pair, come in a box of 48 pairs and we're getting low on them.

So, if wish to give money towards replenishing our stocks of slippers pop into the office, give us a call on (03) 211 3081 or go to our website and make a credit card donation.

Stabicraft donation

A special thank you to the team at Invercargill boat manufacturer Stabicraft for remembering hospice this festive season.

We received a donation of \$1235 and several bottles of wine and port courtesy of Stabicraft's HR manager Rebecca Faithfull recently.

Rebecca says each Christmas the company receives numerous gifts from suppliers. This year, in the interests of fairness, they decided to 'sell' them to their 150 staff members for \$5 a ticket with the money raised going to a charity.

The wine and port will be added to our patients' drinks trolley.



Hospice CEO Flora Gilkison receives donated wines from Stabicraft HR manager Rebecca Faithfull.

A Christmas passion

A gift shop owner's passion for all things Christmas benefited hospice to the tune of more than \$1600 recently.

Shona's Christmas Grotto in Wallacetown attracted dozens of people to its myriad displays of Christmas decorations in the lead up to the festive holiday. Visitors were encouraged to make a gold coin donation and purchase \$5 lucky dips while looking at Santa's sleigh and reindeer, hundreds of ceiling lights and Christmas 'soldiers'.

Shona, who used to own the Christmas Magic Shop before selling it a few years ago, said she thought of helping the hospice after her friend died in hospice aged only 42.

Thank you very much for remembering hospice and giving \$1651.10 from donations and lucky dips, Shona. That's the Christmas spirit!

"It's my way of having a passion and giving to others, we had a rough life as kids but mum made Christmas so special and magic."

Owner Shona Tippett

Calf scheme a winner - again

Just under \$40,000 was raised through the Calves for Hospice scheme this year.

A total of 85 calves were sold for an average of \$398 per calf at a special auction held at the Lorneville Saleyards near Invercargill on November 30 last year. A further nine calves were sold virtually by internet donations. Prices paid were up about \$80 per calf on last year when the cattle market was described as 'soft' due to Covid-related difficulties.

Now in its third year, the calf scheme was started by Winton Hospice Shop manager Maree Ronald and Winton Farm Source store manager Jenny Holms as a practical way supportive farmers could raise funds for hospice.

Maree said the sale "went really well" and praised the generosity of dozens of farmers who took part in raising a calf from birth to a weaning weight of 100kg in time for the sale.

Each farmer who pledged a calf was given free tickets in the Hospice Christmas Raffle with \$5,000 in prizes up for grabs.

A big thank you to Murray Mitchell of Hazlett Livestock for organising the calf auction and the transport companies who truck the calves from farms all around Southland to the Lorneville Saleyards free of charge.

Keep a tab on our website for how you can sign up a calf for next year's calf scheme.