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Tuatapere community raises \$20,000 for hospice



Hospice CEO Flora Gilkison accepts the donations from Quinton Donald from the Lions Club and Lynnette Chambers from the golf club.

Covid restrictions couldn't stop Tuatapere clubs raising almost \$20,000 for hospice from two annual events.

The Tuatapere Golf Club raised \$9,200 from their Waitangi Day Hospice Charity Tournament while the Tuatapere Lions Club raised \$10,000 from their hay drive. The funds were announced at a Tuatapere Lions Club dinner meeting on July 19.

Despite having to limit the number of teams to 40 because of Covid restrictions in force at the time, golf players from other Southland clubs were very supportive of the tournament, enjoying fine weather and scenic surroundings, participating heartily at the party hole and giving generously to raffles and auctions. The winners on the day were Janet and Brent Anderson from Winton.

Golf club organisers praised the help and support of local and regional businesses who contributed to its success. Many of these have been loyal supporters since the tournament began and next year the club will celebrate 40 years of hosting it.

WAYS TO DONATE

Here are five payment alternatives:

- 1. **Internet Banking** Pay directly by internet banking into our Westpac bank account 03-1745-0005791-00 giving your name and phone number as reference details.
- 2. **By post:** List your credit card (or visa debit card) details and amount to donate in the cut-out panel on page 5 and post it in an envelope to us at PO Box 7020, Invercargill 9844.
- 3. **Our website:** Search the internet for hospicesouthland.org.nz, click on 'About Us', then click on 'Make a Donation' and enter your credit card details.
- 4. **By cash:** Drop off cash or swipe your eft-pos debit card at one of our seven hospice shops
- 5. **Givealittle:** Go to our Givealittle page on the internet at www.givealittle.co.nz/org/hospicesth If you require any assistance with making a switch to an alternative payment method, please feel free to give our office a call on (03) 211 3081 and they will talk you through the options.

Yes, I would like to support Hospice Southland.

Title ☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Name

Address

Phone

Email

Please send me information on:

- ☐ Hospice Southland services
- ☐ Becoming a volunteer
- ☐ Including Hospice Southland in my will

Please find enclosed my credit card donation of \$

Please debit my ☐ Visa ☐ Mastercard

No.

Expiry date /

Name on card

Signature

Thankyou for your generous support. We receive only half our funding from government. Your monies help keep palliative care free to patients with life-limiting illnesses in Southland and Queenstown/Wakatipu.



Thanks BNI



Invercargill BNI members (from left) Matt Hancock, Che Henton, Daniel Bond and Erin Criglington present Hospice Southland Chief Executive Flora Gilkison with donated groceries.

A whip around Invercargill BNI Club members resulted in more than \$300 worth of groceries being donated to hospice recently.

The Invercargill chapter of BNI, which stands for Business Network International, has donated nearly \$10,000 of grocery wish list items to hospice in recent years.

Hospice CEO Flora Gilkison accepted the groceries and warmly thanked them for their continued support.

Wishlist

Many of us wish we could give back to the community, but we often just don't have the means. That's why we have our wish list! Big or small, your contribution counts.

By donating these items, you help us reduce our costs and keep hospice's palliative care services free 24/7 to patients and their families.

Drop them off at our Invercargill base in Kew Rd or at your nearest hospice shop.

- Rice heat packs
- Serviettes (patterned)
- Dish cloths
- 9-volt batteries
- Toilet paper
- Lemonade and Coke (small cans)
- Tea bags
- Biscuits
- Cheese
- Butter
- Olivani spread
- Eggs
- Bleach
- Laundry soap powder
- Vanish whitener

facebook.com/hospicesouthland
www.hospicesouthland.org.nz

DONATE NOW

To make a direct credit by internet banking, please make donations to:

HOSPICE SOUTHLAND 03-1745-0005791-00

Please use your name or organisation along with your phone number as a reference.

Donations

These donations, grants and bequests of more than \$1,000 were received between April and July. We also receive many donations less than this, including goods and services. We thank you all.

DONOR

AMOUNT

Air Milford	\$1,500
Alan Baxter	\$1,000
ASB Bank Invercargill	\$1,000
Baillie & Lewis Pharmacy	\$5,000
C S Roofing	\$1,300
Clinton Lions Club	\$1,600
Dave Fletcher	\$1,414
Estate G N Warnecke	\$10,000
Estate M McLean	\$5,000
Estate M McLean	\$20,000
Ian Hamilton	\$1,000
Lindy Dobson	\$20,000
Lora Glen Trust	\$1,000
Millbrook Resort	\$3,600
Mrs J Gonscak	\$2,000
Neville Stronach	\$1,000
Ngaire McGowan	\$1,000
NZ Dominican Sisters Trust Board	\$1,000
Riverton Lions Club	\$1,000
Rose Burgess	\$2,000
Rural Women of NZ - Makarewa	\$1,000
Southland Holden Enthusiasts Club	\$2,500
Te Anau Trout Fishing Competition	\$2,250
Ted Jacques	\$1,500
Tuatapere Golf Club	\$9,200
Tuatapere Lions Club Hay Drive	\$10,000



Hospice reaches 30



Dawn Clark (left) from Invercargill Ladies Friendship Club and Maureen Kevern from North Invercargill Inner Wheel look over a photo album with hospice senior administration officer Kathryn Bell at the 30th anniversary luncheon.

Hospice Southland has grown exponentially since it opened its doors 30 years ago.

Seven pioneers set in train a series of events that culminated in the

Dog trials raise record amount

Competitors at the Southern Indoor Charity Dog Trials this year were treated to some free high-class musical entertainment courtesy of hospice staff member Suzanne Prentice.

The events coordinator and country singing star reeled off several songs during lunch breaks at the hospice fundraiser, adding warmth to the wintry atmosphere inside the big 5000 sq.m shed at the Southern Field Days site at Waimumu near Gore.

Suzanne had most of the 170 triallists' toes tapping, even fielding a request for Cilla Black song 'You're my world' from a triallist who's dog is named Cilla.

Fortunately, Suzanne didn't have to compete for the audience's attention during the new bark-up event, won by Jamie Milne's huntaway dog Syd. Suzanne and volunteer coordinator Jody Forbes served morning and afternoon teas during the three-day event.

The seventh annual dog trials raised more than \$12,000 for hospice this year, aided by an auction of donated local prizes that generated \$3500. Over seven years the event has raised \$70,000 for hospice.

Southland Sheep Dog

LOVING HOSPICE

Winter 2022



opening of a small four-room In-Patient Unit in a ward of the former Southland Hospital building on the 6th of July 1992.

The community service where nurses visit patients in their homes was added a few years later, but such became the demand for palliative care services a much larger facility with a six-room IPU able to take up to eight was opened nearby in March 2003.

This building was extended in 2011 with extra kitchen and office space to house its growing patient and staff needs, the latter now numbering 68 – more than twice as many as when the hospice opened.

The government funds us just under half our operating costs so we need to fundraise in the community for the other half. In this current financial year, that gap is nearly \$3 million – a deficit partially alleviated by our network of seven hospice shops selling donated goods and the generosity of patients remembering us in their wills.

The need to survive and thrive was spelled out by Chief Executive Flora Gilkison to business sponsors invited to a 30th anniversary luncheon on July 29. With more patients requiring palliative care and more presenting with higher acuity (sickness level), the situation is challenging, to say the least.

"We thank all those people and businesses who have supported us over 30 years and we look forward to your continued support to ensure we can provide a specialist palliative care service 24/7 in Southland and the Wakatipu Basin."



Hospice's Suzanne Prentice with finalists at the Southern Indoor Charity Dog Trials at Waimumu recently.

Association president Steve Bellew said the dog trialists were pleased to support the hospice because of its work with cancer sufferers. "Hospice is really dear to a lot of people's hearts."

Suzanne said it was a real pleasure once again to be involved in such a well-run event. "It takes a lot of effort to put the trials on, so a big thank you to the organisers for choosing Hospice Southland as their charity and congratulations to all the winners."

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PO Box 7020, Invercargill South 9844
Southland Hospital Grounds
Gate 1, Elles Road
Invercargill 9810

03 211 3081

office@hospicesouthland.org.nz



From
the CEO

We've turned 30. Quite an achievement. So much of this is because of your support. This enables us to provide specialist palliative care to all Southland and the Wakatipu Basin patients free of charge.

At the hospice lately, we have become much busier. There are more patients needing care in our In-Patient Unit, their acuity has increased, and this is coupled with intense pressure on beds in Aged Residential Care facilities. Our team has responded well and, like you, I am very grateful to our nurses who provide the great care for our patients.

We are a bit light on doctors at the moment and are pleased that locum doctors from out of Southland are happy to assist us. Come November we will be fully staffed again with a new medical director arriving from Auckland and another medical officer starting in October. This will give us a medical team of five again and the on-call roster can go to a one-in-five. This is important as our staff need time to go to conferences to network with other palliative care specialists, plus time for a holiday and to be with their families.

Our shops are also getting busier. We have a new Windsor Shop retail manager, Heather Moore. Please call in and meet with her. We need more donations so if you are having a clean-out remember that the hospice shops in Queenstown, Gore, Yarrow St, Windsor and Te Anau all have their own truck or van for pick up. If your donations are smaller, bring them along to the shops yourself and maybe have a wee shop yourself.

Our next event is Of Course You Can Do It, on August 28th. Tickets are available at Ascot Park Hotel, Yarrow St shop or online at hospicesouthland.org.nz

The Winter Warmer Raffle was a great success. Thanks to all who purchased a ticket, it was nice that all prizes were won by people in the region.

It all goes to such a good cause and we are really delighted and grateful when you support us. So here's to the next 30 years and the 30 years after that.

Flora Gilkison, Chief Executive Officer

Events

These are the events hospice is organising or is involved with in the coming three months:

August 28: Of Course You Can Do It

September 27: Hospice Southland AGM

December 6: Calves for Hospice Lorneville sale



Calves for Hospice underway

The fifth annual Calves for Hospice fundraising scheme is underway.

This has traditionally been a major fundraiser for hospice and one that dozens of farmers in Southland support each year with up to 160 calves sold.

It works by participating farmers agreeing to raise a beef cross or Friesian calf or calves to weaning age (four months). Each calf is given a special hospice ear tag.

The calves are picked up by supporting transport companies and delivered to the Lorneville Saleyards near Invercargill where they are auctioned off and the money donated to hospice. This year the auction will be held on Friday, December 2.

Organisers Maree Boulter of Winton Hospice Shop, Jenny Holms of Farm Source Winton, and Murray Mitchell of Hazlett Livestock said many local farmers were happy to support hospice in this practical way and they were proud to be involved.

Last year the scheme raised \$32,000 – one of our biggest single event earners. Since its inception in 2017 the scheme has raised more than \$146,000 for hospice.

New and existing farmers can sign up by registering online at hospicesouthland.org.nz/pages/calf-rearing-scheme or picking up a donation form from Winton Hospice Shop or Hospice Southland reception in Invercargill.

We would like to thank in advance these sponsors for providing prizes or services for Calves for Hospice: Allflex (tags), Farm Source, Dairy Women's Network, Hazlett Livestock and Sgt Dan Stockfoods.

Sgt Dan Stockfoods and Farm Source provide one tonne of calf meal valued \$500 each to the owners of the heaviest beef and heaviest Friesian calf.

The trucking companies providing free cartage to the yards are Andrews Transport, Callaghan Transport, DT Kings Transport, Herberts Transport, Hokonui Rural Transport, Sinclair Transport, Smiths Transport and TSL.

Trolley back in action

An antique wooden drinks trolley will again become part of our In-Patient Unit.

The family of former patient Alf Laker donated the drinks trolley to us several years ago and it became a tradition for patients and visiting family members to be offered an evening drink before dinner.

Covid-19 unfortunately stopped this treat for two and a half years but now it's time to start this tradition again.



Alf's drinks trolley.



Barry and Shirley Keen.

Keen volunteers – literally

They're one of the nicest, most helpful couples you could ever hope to meet – and coincidentally they just happen to be long-time volunteers at hospice.

Shirley and Barry Keen have been helping as a cleaner and gardener respectively at hospice's base in Invercargill for many years, Shirley for 29 and Barry for 20. Shirley also helps with ticketing for various fundraising events and at the national annual Hospice Street Appeal.

Ask Shirley why she volunteers and she quickly recounts a family history of cancer and how, in some cases, hospice was able to help. Shirley had cancer as a baby and her father died with cancer at 38, just after she was born, and her brother had prostate cancer.

Variety show success

The Hospice Variety Show fundraiser was a sold-out success.

Organised by promoter Linda Howard, a total of 310 people packed out the Waiau room at the Ascot Park Hotel in Invercargill on July 30. They clapped on dozens of local performers in 17 acts ranging from singing to tap dancing to bag piping and ukulele strumming.

Linda, who has organised variety shows for 28 years, said she was blown away with the support shown, both from the crowd and the cast of performers. A total of 15 people from ushers to stage managers assisted.

The performance that stole the audience's hearts was the singing and tap dancing performed by the three physically-disabled adopted children from China, the Dillinger family. That drew a standing ovation from many in the audience.

"Those three were very alive and excited in their performances, just fizzing," said Linda. Elvis impersonator Steve Wilcox was another crowd favourite.

The audience was also treated to performances by the Ascot Park Brass Band, Invercargill Highland Pipe Band, Irish fiddler Hannah Beer, Liam and Neave Templeton of Riverton, ukulele group Ukulicious, the Sweet Adelines, a Polynesian group, La Muse dancers, Highland dancers, singer Declan Lawton-Butt and Mama Mia singers.

Her sister Cecily was a hospice patient and, impressed with the level of care, Shirley started volunteering at the original Southland Hospice in a wing of the former Southland Hospital. Barry's brother Maurice was a hospice patient here, while a sister Doreen also received hospice care while living in Wanaka.

Both Shirley and Barry began volunteering while working as a teacher and a farmer, respectively. Shirley taught at Oreti Plains and Otatautau schools while they lived on a large sheep and beef farm at Wairio in western Southland. They moved to smaller farm at Heddon Bush before retiring to Invercargill.

They are self-effacing about their involvement with hospice. "We've had a big connection with hospice, this place is amazing," says Shirley.

Barry, who claims he was "roped in" to volunteer by Shirley, claims they don't do anything special. "It's harder when you get to our age, but we still get up and do stuff."

Shirley adds she understands why people today are busier in their jobs and personal lives with more pressures on families. "You have to find time to do it, but we enjoy it."

Shirley has always been active in the community. At 16 and involved with Red Cross at school, she met then US President John F Kennedy and future UN Secretary General Ban Ki-moon at a conference in America in 1962.

She met South Korean Ki-moon again at a 50th anniversary in New York and was treated like a VIP. "It was pretty special," says Shirley.

Barry says he likes "chugging away" trimming roses and digging weeds in the gardens when he's not tinkering away under the bonnet of a vintage car. Motoring enthusiast Barry recounts the time he was a test driver for former racing car engineer George Begg, and he is the patron of the Southland Sports Car Club.

Hospice volunteer coordinator Jody Forbes says Shirley and Barry are exceptional volunteers. "I really look forward to our catch-ups most Thursday mornings when Shirley is vacuuming our office. They're so unassuming, thoughtful, kind and generous. Their long and continued support of hospice just blows me away."

If you're interested in volunteering for hospice, please contact volunteer coordinator Jody Forbes on 211 3081 or jody.forbes@hospicesouthland.org.nz.

The Variety Show raised \$9512 for hospice through tickets sales and raffles – an amount beyond what Linda had expected.

Linda was assisted by longtime friend and hospice events coordinator Suzanne Prentice, who added it was as tremendous afternoon's entertainment. "A huge vote of thanks must go to Linda and her team for putting so much time and effort into staging this event."



Neave and Liam Templeton of Riverton performing at the Variety Show.

Awareness Week moves

Everybody needs understanding and care. It's these things that allow us to thrive when we are well and get through when we are struggling. And we need these most when we are dying.

At the end of our lives, when time is precious, hospice exists to ensure we do. Understanding the care, the value, the comfort that hospices provide – is why Hospice Awareness Week is so important.

Promotions by our national body Hospice New Zealand gained much traction during Hospice Awareness Week this year on May 16-22 with moving stories from volunteers, therapists and doctors portrayed on TV and social media and in radio and print.

Hospice NZ is continuing to raise awareness of hospice care and advocate for a sustainable funding approach from government. Dying is a significant and inevitable part of life, and we believe everyone has the right to a good death.

Hospice is a holistic wrap around service of care. It's not just a building and it's not just doctors and nurses. Hospices provide a range of supportive care from music therapy, sharing your life story with a biographer, bereavement counselling, spiritual care plus many other services. It's whatever brings the individual and their whānau peace and joy.

Anyone with a life limiting illness, can access hospice care and support. People with life limiting conditions such as multiple sclerosis, lung failure, cancer, motor neurone disease, or dementia

Raffle winners announced

Congratulations to the winners of our Winter Warmer Raffle.

The first prize of a Masport wood burner from Invercargill Mitre 10 Mega and a load of firewood from Makarewa Lions was won by Colin Walker of Lumsden.

Second prize of \$1,000 grocery vouchers from local New World supermarkets was won by Blair Campbell of Winton.

Third prize of \$500 fuel vouchers from Graham Williamson X-Factor Cars went to Bailey Perry of Queenstown.

The raffle, which was drawn on August 1 under police supervision, raised nearly \$25,000 for hospice.

"A big thank you to all who bought tickets, sponsors of the prizes and also to all the wonderful volunteers who sold the tickets around the region," said events coordinator Suzanne Prentice.

"Thanks also to Creation Signs and the great team here at hospice that put it all together."



Hospice staff members Kate Anderson (left) and Jess Brown greeted visitors to Southland Stadium at an information stand during Hospice Awareness Week, May 16-22.

can benefit from palliative care.

While hospice care is primarily focused on the person who is dying, services are also for the family and whānau both before and after their loved one has died.

Everything we provide is free of charge. As an essential health service, about half our funding comes from government, the remainder comes from community fundraising. In 2021 hospices needed to raise over \$87m nationally. Euthanasia is fully government funded; hospices are not.

At Hospice Southland we need to raise \$3 million a year to keep our services going. Please show us your support. Check out our website hospicesouthland.org.nz and the national website hospice.org.nz for information on ways you can help plus a list of resources.

CanBead workshop a hit



Community nurse Haidee Oliver-Thompson and CanBead tutor Rachael Allan show patients Mick Tait and Westray Manson how to make custom jewellery.

Hospice outpatients learned how to make jewellery for their loved ones at a recent Day Programme event.

Two Southland tutors from the CanInspire Charitable Trust gave a CanBead workshop where participants crafted items from donated pieces of recycled jewellery. Those present made legacy pendants and keyrings for loved ones, whom they'll soon be leaving behind.

"They enjoyed looking through the array of postage stamps and papers we had on hand to choose images to place under clear domes," said CanBead Southland coordinator Rachael Allan. "Cats, dogs and birds were favourites."

CanBead Kits provide a wonderful distraction from illness, trauma and loss but also a chance for the user to gain a real sense of achievement and to spend creative, positive time with other people. Each workshop has a strong social focus, and participants are encouraged to share ideas and interact together while working on their designs.

Day Programme coordinator Kate Anderson said tutors Rachael Allan and Rachael Todd were amazingly enthusiastic, even getting the men to design jewellery for their relatives.

All charged up by Lions club



Toi Tois Tokanui Lions Club secretary Anne Johnstone presents donated battery chargers to hospice clinical coordinator Lynn Dawson.

Hospice is all charged up thanks to a special donation recently from the Toi Tois Tokanui Lions Club.

The club, which has just celebrated its 40th anniversary, gave hospice \$500 worth of batteries including six battery chargers.

The 9-volt and AA batteries are much needed as they are used in syringe driver pumps used for patient medication, as well as other medical equipment.

Club secretary Anne Johnstone said their 48 members were proud to be able to support the hospice. "It's about helping people and most people have family members that have gone through hospice," she said.

During its 40 years the club has donated more than \$500,000 to Southland community groups and charities, including Hospice Southland.

Thank you, Toi Tois members!