

hospice matters

SPRING 2014



Rocking with the Stars 2014

On Saturday 28th June, Southland stars swapped their day jobs for dancing shoes to raise money for Hospice Southland and the Invercargill Rock 'n Roll Club.

Rocking with the Stars 2014 saw 10 well-known Southlanders pair up with accomplished Rock 'n Roll dancers for eight weeks of gruelling training, culminating in an entertaining competition.

The event attracted a crowd of about 1,000 people and raised \$25,827 for Hospice Southland and the Invercargill Rock 'n Roll Club; an increase on the \$19,128 raised at the inaugural event in 2011.

The dancers were judged by a panel of four - two official rock 'n roll judges, singer Suzanne Prentice, and celebrity guest judge Nerida Cortese.

World Masters cycling gold medalist Erin Criglington, and dance partner Joe Robbins were crowned the winners on the night. Southland entertainer of the year Shannon Cooper Garland took out second place, while Southland district mayor Gary Tong and former Southland rugby player Jeremy Winders were awarded third equal.



From the CEO Building a Community

Since joining the Hospice Southland team in March 2014 I've been on a steep learning curve and still remain very much in awe of just what a community can achieve when they come together focused on a cause. I've very much enjoyed the stories of how Hospice Southland was started, with cheese rolls made by the dozen to fundraise for what was still a distant dream of a community owned and led service, dedicated to caring for those with terminal illness. And it was all done by volunteers, not for what they could do for themselves, but what they could do for others.

Of course the fundraising continues today. Gone are the cheese rolls; replaced by donations, community grants, fundraising events small and large, bequests and the turn-over from our shops. While around half the funds we need to operate come from the District Health Board, there remains a shortfall of over \$1.8m to be raised each year to fully fund our service. That's nearly \$5,000 per day! It truly is your generosity that keeps this service in existence, reinforcing our joint ownership and pride for "our Hospice", providing the very best possible care for those in need.

A poignant moment of reflection for me was in mid-June when it was front page news that Southlanders were the happiest of any region in the country. Few further north would have had this fact brought to their attention, and fewer still would have believed it if they had. But I believe when we look for answers as to why Southlanders are happier, we begin to understand how our community is so successful at creating community run organisations, which deliver so much to our quality of life here in the south.

While others surmised it was affordable housing, or above average wages that were the key to our happiness; my theory has been that it is in fact community that creates a sense of belonging which underpins our happiness. Because more than any other, Southlanders celebrate "knowing" each other. It is this "closeness or connectedness" that encourages individuals to contribute so much back to their community. As a consequence, no-one is left to feel they are alone in our community. And Hospice is a shining example of this sense of community, where because of our closeness as a community, we all know someone who has been helped in time of unimaginable need.

That's why it is so rewarding to see the contribution of so many on a voluntary basis still to this day, providing the foundations of what it is to be a Hospice. From the Board of Trustees, to those who volunteer their time at the Hospice, or at the shops, or those working with patients in the biography service, all are a very real reminder of our community ownership and support. This helps to ensure the Hospice "sparkle" dreamt about all those years ago as the cheese rolls were sold by the dozen, remains alive and well today.

So, we thank you for all the ways you continue to support Hospice Southland, and challenge you to go one step further. Either find someone you don't know and get to know them, or find two people you know who don't know each other, and introduce them. By doing so you will be doing what Southlanders are best at, building "community". So long as we continue to do that, we can all look to the future with confidence.

Join us for our

20th Annual General Meeting

This will be held on

**Tuesday 23rd September 2014 commencing at 7.30pm
At Hospice Southland, Gate 1, Elles Road, Southland Hospital**

Light refreshments will be served following the Annual General Meeting, Hospice Southland is a community owned facility and we welcome the opportunity to meet with our supporters and share with them our developments and growth

Seating is limited. Please contact reception to confirm your attendance.

Please RSVP by Wednesday 17th September 2014
Phone (03) 211 3081
Email adminassist@hospicesouthland.org.nz



Hospice Southland receives around 50% of its funding from the government each year, which leaves a shortfall of approximately \$1.8million. This amount is raised through the generosity of the communities in which we operate, through grants, fundraisers and donations.

Another way in which Hospice Southland is supported is through bequests. In the past few years, Hospice Southland has received a number of substantial bequests, or lasting gifts that have helped us to continue to provide our services free of charge.

How do I make a bequest?

A bequest can be made through your Will and you can make specific bequests of property, possessions or money. As a will is a legal document, it is important to seek the right advice and wording. Your solicitor or trustee company can help you with this. If you have a current will, your solicitor or trustee company can easily make an addition to your existing will, to incorporate your bequest to Hospice Southland.

A lasting gift

To ensure Hospice Southland's services remain free and accessible to all indefinitely, we have established the Hospice Southland Foundation. Capital from this fund will be invested and the interest will be used to support Hospice Southland's services. Contributing to this fund with a bequest means you can express your thanks and support in a practical way.

Green is the new black - in tea that is

Our long term supporters at Dilmah tea are currently donating 50 cents from each pack sold in their green tea range to Hospice NZ – so please purchase a specially marked pack and help raise much needed funds. The goal is to sell 40,000 packs of tea – so do try it!

Since 1997 Dilmah has donated all the tea each hospice service in New Zealand could need each and every year. Due to this generous donation, we are able to make the highest quality tea available to people and their families, friends and visitors, staff and volunteers.

The process of making a cup of tea and the comforting conversations that can occur over a hot cup of tea, can be relaxing and therapeutic, no matter the time of day or night.

This year the total number of tea bags donated will reach approximately 5 million – a testament to the commitment the entire Fernando family has to hospice in New Zealand.

Locally, we gratefully receive around 7000 tea bags each year, which is a huge cost saving to us!

Thank you to our friends at Dilmah, your donation has been greatly appreciated over the past decade and a half.



For more information visit
www.dilmah.co.nz

Coming up

Hospice Southland Charitable Trust AGM – 23 September

7.30pm at Hospice Southland. 2014 Annual Reports will be available from Hospice Southland reception approximately a week before the meeting.

Quiz Night – 24 September

Head along to the Southland Musicians Club, 33 Preston Street, Invercargill on Wednesday 24th September for an entertaining quiz night. Teams of four will test their knowledge to raise money for Hospice Southland. Doors open at 7pm. Register on the night –\$20 per team, limit of 20 teams.

The quiz masters is not always right but he's never wrong!

World Hospice Day –11 October

World Hospice and Palliative Care Day is a unified day of action to celebrate and support hospice and palliative care around the world. Look out for Hospice Southland's envelope appeal in the Queenstown Mirror the Southland Express and the Gore Ensign during October.

Town vs. Country – 15 November

7.30pm at ILT Stadium Southland. Tickets available to purchase online, at ILT Stadium Southland and other Ticket Direct outlets from mid-September.

Trees of Remembrance – December

If you would like to volunteer for this year's Trees of Remembrance please contact Renee on 03 211 2287 or renee.goldup@hospicesouthland.org.nz

Town vs. Country – who is the backbone of Southland?

The farming communities think they are the mainstay of the economy and the epitome of the true kiwi - people of the land, rugged, community minded and down-to-earth. The townies in Invercargill think they're just a bit better – better dressed, smarter and more professional – at everything.

On Saturday 15 November, we will find out just who is better, stronger, funnier – the town or the country – in a joint fundraiser for Hospice Southland, SPCA, Gore Women's Refuge, ILT Stadium Southland, Westpac Rescue Helicopter Trust and Southland Spirit of a Nation.

Picture this ...

City people arrive into Stadium Southland dressed to the nines, rural people dressed "country-style" in singlets, swannies, jeans, cowboy hats. The MC revs the crowd up to be partisan and really shout out support – the louder the more points they earn for their team. The contestants come on stage – the very best from the country against the very best from the city in head-to-head contests – a sing-off, sheep shearing, stand-up comedy, dance, tug of war - with the big multi-screen capturing the action for the 1,000 plus people in the stands.

The teams on stage go to the nth degree to entertain and get the crowd roaring support – laughing through the standup comedy, stomping and clapping to the haka, dancing and rocking through the lip synch. Under everything is beating music and flashy lighting to rouse the audience.

The night flies from highly entertaining contest to raffle draws, auction items and audience participation contest. It culminates in everyone coming back together as one "team" to celebrate a fantastic night raising funds for so many great causes.

"It's the "Southland Idol" of singing, comedy, sports, dance and sheer entertainment – the ultimate Christmas work function!"

For preferential booking of tables phone Gerry Forde on 021 516 393



Introducing Meg



Since losing our dear cat Humphrey last December Hospice Southland has had something missing. Often the patients would ask about our cat so we decided to find another special feline – we are pleased to welcome Meg to our team.

Originally from Invercargill, Meg moved to Christchurch but during the earthquakes she got separated from her family and ended up at the Christchurch SPCA. She was adopted by a family from Invercargill so returned home. Whilst her family were on holiday, Meg was being looked after by a neighbour but she wandered over to Mitre 10 looking for company. When her family came home they retrieved Meg but she kept going back to Mitre 10 so it was decided that would be her new home. Meg happily lived at Mitre 10 for three years.

An inquisitive cat, Meg grew fond of sleeping on the furniture next door at Harvey Norman. This wasn't ideal so the staff at Mitre 10 decided to look for a better home for Meg. One of our nurses, Sue Taylor, had known about Meg from her frequent visits to Mitre 10 and when she was told they were looking for a new home for her, thought Hospice might be just the right place.

Sandy from Elles Road Veterinary Centre, who always took great care of Humphrey has checked Meg over and found she has some medical issues. To manage this Meg is required to be on a special diet, which we have chosen to fund ourselves. We really appreciate all the gifts of special treats we received for Humphrey over the years but due to Meg's medical condition, she is unable to eat anything other than her prescribed diet. For anyone who wishes to gift to Meg, in place of food, a small donation towards her diet would be appreciated instead – thank you.

Meg is still getting familiar with her surroundings here at Hospice Southland, but if you're visiting Hospice, please don't hesitate to say hello to her.

Place Address label here

Thank you!

The Chamber of Commerce kindly gifted our Hospice Shops a huge amount of office furniture that was surplus to requirements after their recent move. Hospice Shop Manager, Kay Mortimer, says the furniture was all in great condition and they had great success in the turnover of the furniture with a lot of interest from students. Thank you to the Chamber of Commerce for the generous gift and helping us to raise money for our palliative care services in Southland and Queenstown.



Open for business.

Thanks to our generous donors!

Bannermans Lawyers	\$100,000	Estate John Alexander Dodds
KJ & LM Burns Ltd (Z Energy)	\$1,866	"Z- Good in the Hood"
ILT Foundation	\$2,000	Grant - Rocking With the Stars Event
Mokoreta Lodge 63	\$3,000	Charity Bowls Tournament
Mr Barry Stronach	\$1,000	Donation
Mrs Rachael Gutschlag	\$1,000	In Memory donation
Lions Club of Riversdale	\$1,000	Donation
Mr & Mrs E & I Sadlier	\$1,000	Donation
Perpetual Charitable Fund	\$5,000	Estate Bronwyn Mary Flint
Anonymous	\$11,000	Patient Bed
Lions Club of Winton	\$2,000	General Operating Costs
Lions Club of Winton	\$1,000	Variety Concert Proceeds
Mrs Heather Trotter	\$1,000	Donation
ASB Bank Invercargill	\$3,218	Curly McRae Trophy Challenge
Southern Victorian Charitable Trust	\$5,000	Grant for operational funding
Nola Gutsell	\$1,532	Proceeds from Buchanan-Gutsell Family Reunion
Lions Club of Toi Tois	\$2,500	Proceeds from annual quiz night
Laker House of Travel	\$1,201	Movie night
Lions Club of Tuatapere	\$10,000	Proceeds from annual Hay Drive to go towards a bariatric bed
Trumpcard	\$4,500	Cardholders rewards

Wish list

- Toilet paper
- Lemonade
- Tinned peaches
- Serviettes
- Grocery vouchers
- Donations towards Meg's cat food

Thank you to everyone who supports us through our "wish list!"

DID YOU KNOW?

400,000+

There are over 400,000 palliative care staff internationally.

Who Cares? We Do!

OCTOBER 11, 2014
www.worldday.org  World hospice & palliative care day