

hospice matters

SPRING 2015



From the CEO

September is the time we hold our Annual General Meeting. AGM's are not usually much call for interest unless you have a financial stake in the organisation. In reality, everyone living in Southland and the Wakatipu Basin has a stake in Hospice Southland, as if it were not for your generous fundraising and volunteering of your time, we simply would not be able to offer our services, certainly not free of charge.

Some have questioned why we are not fully funded by the government for our services. In reality I believe we need to take pride in the fact that as a community, we decide to what level our hospice is empowered to make a difference in the lives of those in our community faced with a terminal illness. From what I see of the work done by our team here at Hospice Southland, including the clinical team, the Board of Trustees, the support staff, the many, many volunteers and everyone who either donates or gets involved in one of the huge number of fundraising events each year, we all have a great deal to be proud of.

This year we need to raise \$2.15m or \$5,890 per day, seven days a week in order to deliver the services we do. This is despite an increase in funding from the Ministry. We have invested more into our services than ever before, with new roles supporting aged care facilities and a full-time nurse in the Queenstown area. We can only continue to do this with your support.

The key ways this is achieved include:

Hospice Shops: the largest single contributor to our fundraising efforts. We now have four shops, Invercargill, Gore, Winton and Wakatipu. Their motto is "Turning second hand goods into first class care". Your donations of unwanted household items and the huge team of volunteers who work tirelessly each day to ready them for sale, make a huge contribution towards our fundraising goal each year.

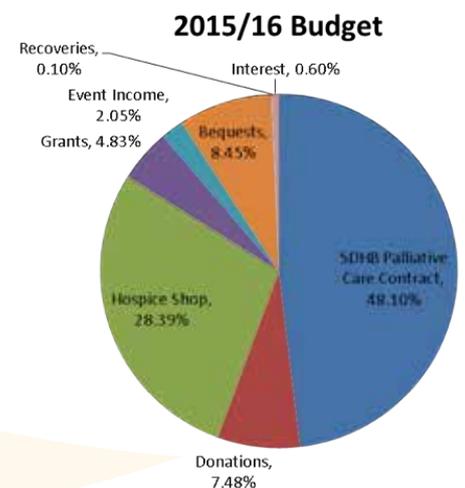
Donations: these are anything from \$10 slipped into an envelope each quarter when the newsletter comes out, to community group fundraisers big and small. They all add up to over \$300,000 each year to help the cause.

Bequests: the generosity of those in our community never ceases to amaze, in particular individuals who decide to leave a lasting legacy for their community by gifting part of their estate to Hospice.

Grants: either for operational funding or projects, the support our community funding organisations provide is testament to the positive contribution Hospice Southland makes in our community.

Events: organised with or by Hospice, these are a great way of engaging our community by having fun while raising valuable funds for our cause.

I encourage you to attend the Hospice Southland AGM, 7.30pm 22nd September 2015 here at Hospice. It will be an opportunity for you to appreciate what a great community we belong to and the good work achieved as a result.



Volunteers needed for 2015 Trees of Remembrance

Hospice Southland Trees of Remembrance will be held at Farmers in Invercargill in November and December.

Hospice Southland appreciates that the Christmas season can be a difficult time of year for those coming to terms with a loss, whether recent or long-standing. The Hospice Southland Trees of Remembrance are a way to remember those loved ones who cannot be with us this Christmas.

We are now seeking interest from volunteers to man the trees. If you would like to help please contact Hospice Southland reception on 03 211 3081 or adminassist@hospicesouthland.org.nz



School Christmas Card Art Competition

Hospice Southland needs artwork for the cover of the 2016 Christmas Cards. These cards are sold through the Hospice Southland newsletter and Hospice Shops as a fundraiser. We look to our young Southland artists for the true meaning of Christmas.

Hospice Southland is asking schools to participate by allowing students to design the front cover of the Hospice Southland Christmas Card for the following year – this may be a fun art class session or students could complete as a school holiday activity.

There are prizes up for grabs for the winner and runner up in each of the four age groups. Every student who participates will receive a participation certificate. Judges will pick a winner from each of the four age groups that will subsequently be on the cover of the Hospice Southland Christmas Cards for the following year.

Entries close Friday 20th November 2015. For more information and an entry form, please email renee@hospicesouthland.org.nz

Our 2015 Christmas cards are on sale now! \$10 for a pack of 12 available from Hospice Southland and our Hospice Shops in Invercargill, Gore, Winton and Queenstown.

New Nurse Specialists for Southland and Queenstown

In our winter newsletter we announced the appointment of two new Palliative Care Nurse Specialists, Lisa Henderson who has on the role of Palliative Care Nurse Specialist in Aged Residential Care in Invercargill, Gore and surrounding areas, and Celine Collins who has joined us as a Palliative Care Nurse Specialist in the Wakatipu Basin area. Now that they have been in their roles for a few weeks, we found out how they are going:

Lisa:

I've really enjoyed the past few weeks back out working in aged residential care. I've had many years' experience in this area prior to joining Hospice Southland nine years ago. The new role of clinical nurse specialist in aged residential care has been the perfect blend of two specialities I love.

My role is to work with palliative residents and the staff caring for them to ensure symptom control, social, emotional and spiritual care needs are met. Often there is only need for one or two visits before symptoms are improved and a plan put in place. A large component of the role is to support and empower staff in aged residential care to provide good palliative care. Residents do not have to be on Hospice books to have access to this service. Over the past few weeks I have had input with many residents who are palliative and not on Hospice books which is great and exactly what the role was created for.

As many residents in aged residential care have palliative needs, this role has ensured that many more have had access to the palliative services through Hospice Southland.

Celine:

It was the variety of this new and innovative position that brought me away from my comfortable and safe life in the north, and to the uncertainty of new beginnings in the south. Wow, and now I work in the adventure capital of the world! From day one, 22nd July, I have been challenged regarding this new and exciting role, and I have had ongoing

opportunities to learn from those that cross my path. I am humbled by the resilience of the people I am meeting, and that the people of the south take nothing for granted. I have become aware of the connection that the local community has with the environment, the mountains, the land, the lake, and that this aspect is significant culturally and spiritually. Indeed, this new position will offer me new understanding, and ongoing personal and professional growth.

My weeks to date have included such a variety of responsibilities and activities. The clinical support of patients and families has been my main responsibility. It has included liaising with local medical practices, both Practice Nurses, and General Medical Practitioners, and the Lakes District Hospital MDT, in order to coordinate the palliative care needs of local members of the community.

I have attended a number of business group functions, and given short presentations on palliative and end-of-life care, and Hospice Southland. The opportunity to get to know the community members supporting Hospice is crucial to the success of our integration into the Wakatipu Community, and having my office in the Hospice shop has provided this. However, I need to keep my blinkers on as I make my way up and down stairs that lead to my office; the items within the shop are very tempting to buy, and most distracting!

I have been welcomed by the health care community into my position, and I realise this is due to the committed work of Hospice Southland, in particular thanks to Josephine



Celine Collins (left) and Lisa Henderson.

Butler and Christian Robold, who have already built those essential relationships of trust and respect with the community.

There is much to be achieved in this new role. In my opinion it will require ongoing creativity, connection with the community, and collaboration with current palliative health care providers. It is great to be here, and to be part of the Hospice Southland Team.



From left: Hospice Southland Family Support Team member Cathy Hanson-Friend with Maria Lusby and daughter Katie.

John Husband donated this painting for David Lusby who passed away on 2nd January 2015. His family, Maria (wife) and 3 daughters, Crissy, Teresa and Katie would like to thank Hospice Southland for all their wonderful support and great work. David and his family have raised money for the Hospice through David's talent of song writing. David and his family formed a band called Harvest, recording the CD 'Southern Magic' before David died. John Husband was also involved with David and his music, playing with him in a band called Tarragon at the Grand Hotel, where Maria met David 30 years ago. The memories and the music play on.

SIT House for charity

As a pre-cursor to Town vs Country, a brand new, three-bedroom transportable house built by SIT students was put up for tender through Southland Real Estate.

SIT generously offered us the house at cost for the project and a number of local businesses, including major sponsors Mitre 10 Mega, Arrow International and Scobies Transport, got on board to support the project, offering various products and services such as transport of the house, carpet and drapes, timber for the bathrooms and deck, heating and much more to add value to the house.

Gerry Forde, Southland Spirit of a Nation Brand Coordinator managed the project and the house was sold to Julie Newell and Daryl Eason of Wanaka, with a profit of \$32,700 going to the five causes – Hospice Southland, Gore Women's Refuge, ILT Stadium Southland, SPCA Southland and Lakes District Helicopter Rescue Trust.

The house will be transported to Wanaka, which affected the feasibility of some of the sponsorship offers, so some of the businesses kindly offered a donation or auction items for Town vs Country so they could still support these great causes.



Owner Daryl Eason signs the paperwork with Lawyer Peter Galt, Gerry Forde from Southland Spirit of a Nation, Andrew Sherriff from Mitre10 MEGA, Nick Hamlin from Arrow International and Gus Johnston from Southland Real Estate.



The SIT house for charity is on the move!

This house was proudly sponsored by

SIT Zero Fees
Arrow International
Mitre10 MEGA
Scobies Transport
Marshall Industries
Sopers MacIndoe

Southland Glass
All Lay Carpets
Smiths City
Redpaths
Southland Real Estate
Windsor Brass

Certified Builders
Rutledge Plumbing
Olphert Contracting
Southern Quantity Surveyors
Hewat Galt
Mayor Tim Shadbolt

TOWN vs COUNTRY

Which side are you on...

On Saturday 22nd August, the region's best entertainers, sporting stars and personalities battled it out at the Ascot Park Hotel in an effort to prove who is best – town or country. More than 300 people attended the event, a collaborative fundraiser for Hospice Southland, Gore Women's Refuge, SPCA and ILT Stadium Southland Rattle the Tin Campaign, which raised around \$40,000 for the four groups.



Hosted by X Factor's Steve Broad and The Bachelor's Alysha Brown, Town vs Country was a showdown of epic proportions. It began with a town and country chant-off by Gretchen and Simon from More FM, followed by Jeremy Winders and Tim Shadbolt who competed for the crowd's laughter with a comedy act. Town was well and truly defeated in a tug of war led by Davin Heaps and Jason Rutledge, with the country team winning all three rounds.



The principals from Salford School, Verdon College, Southland Girls' High and Donovan Primary put their knowledge to the test in an entertaining quiz against the principals from Lumsden primary, Mossburn Primary, Fiordland College and Limehills School. The Townley and Hayes families battled it out on stage in a memorable sing-off that ended in a tie. Audience members were called upon to break the tie by riding the bucking bull and country took it out by only one second!



Craig Waddell and Kayla Mahon judged the competitions and performances from Dave McMeeking, Steve Broad and Kayla Mahon entertained. A grocery grab raffle kindly donated by New World Elles Road, proved popular, with the winner getting 90 seconds to fill a trolley with up to \$500 worth of groceries.

Sean Bellew auctioned off an autographed 2015 Warriors jersey and ball kindly donated by the Mad Butcher, Sir Peter Leitch, and beautifully presented in quality framing from Cameo Picture Framers, a dinner with X Factor's Steve Broad and The Bachelor's Alysha Brown, a set of autographed boxing gloves from kiwi heavyweight sensation Joseph Parker and many more great items.

In the end, the Alliance Group Country Team proved too strong for the Southern Wings Town Team, but the real winners on the night were the four charities who have raised some much-needed funds.

This event was proudly supported by



The raffle items were proudly sponsored by

- Rugby Southland
- Trimbles Hair Design
- Rockleigh Jewellers Gore
- ILT Stadium Southland
- The Warehouse
- Southern Work Wear Gore
- SPCA Southland
- DNAJewelz
- Kayes Kitchen
- 100% Selectrix Gore
- Ellis Road New World
- La Hoods Pharmacy Gore
- Baillie and Lewis Pharmacy
- Ascot Park Hotel
- Van De Waters Jewellery Gore
- Dominos
- Splash Palace
- H&J Smith Gore
- Speights Ale House
- Jo's Catering
- Pro Focus Photography

Family Fun Day

To celebrate World Hospice Day, we are having a Family Fun Day on Saturday 10th October 2015 at Gala Street Reserve, from 10am – 2pm.

There will be old fashioned races for all ages to take part in such as a sack race, wheelbarrow race, three-legged race, etc. There will be food stalls, a sausage sizzle, a coffee cart for parents, a bouncy castle and mini jeeps for the kids. We ask for a donation of \$1 per race and there will be a limited float so we would be grateful if you could raid the piggy banks and bring change with you!

What we are really hoping for is a great family day out for everyone. If we can raise money for Hospice Southland at the same time, all the better. Most of all we would just like you to come along, bring friends, family and relatives and have FUN.

Thank you for all your support and we hope to see as many of you as possible on Saturday 10th October.

The Great Race

Saturday 10th October from 10am at Gala Street Reserve.

Alongside our Family Fun Day we will be running a fundraising event, The Great Race. The Great Race is an Amazing Race style event where teams of four will compete on foot to solve clues and get to a particular location around Invercargill where they will complete challenges.

Team entry fee is \$100 (\$25 per person) and other fundraising is encouraged. For example each team member could aim to raise an additional \$100 prior to race day, with all proceeds going to Hospice Southland. Fundraising could include bake sales, scratchie boards, sausage sizzles and anything else the team can dream up! There will be a prize for the team who fundraises the most.

Teams will meet at Gala Street Reserve from 9.30am on Saturday 10th October, to be given their first clue and be ready to race to their first location by 10am. There will be 10 locations in all, with challenges to complete at each before teams can move on to the next location.

To prevent congestion at challenge locations, a number of teams will set off first, with a gap before the next lot. Teams will be timed, and the team with the fastest time and all challenges completed will be the winner. There will be prizes for the winners and spot prizes on the day. Teams will finish back at Gala Street Reserve, where they join in the festivities of our Family Fun Day.

So grab three friends, colleagues or family members, and register your team for The Great Race today! For race rules and regulations, and to register a team, email renee@hospicesouthland.org.nz

Help us get the word out and keep track of your fundraising efforts by posting updates and photos on social media with #hospicesouthlandgreatrace

Place Address label here

What's happening in our Hospice Shops?

Over the last six months Hospice Southland's four retail stores, Invercargill, Gore, Winton and Wakatipu, along with our amazing Volunteers, have been busy working hard on launching in-store events.

Invercargill - The Invercargill Hospice Shop is displaying and celebrating the Rugby World Cup 2015 with a fantastic All Black Collection donated from the community. Books, shirts and memorabilia will go on sale on 12th September in-store. The Invercargill Hospice Shop will also have a visit from one of our local All Black representatives, Simon Culhane. For more information contact Regional Retail Manager, Sonia Manaena on 03 214 5317



Gore: The Gore Hospice Shop is having a Fashion Show on Friday 18th September 7pm - 9pm to showcase their up-coming Summer clothing range. Board Chair, Helen McCurdy, will be lending a hand. Helen has been heavily involved with the esteemed Hokonui Fashion Awards so her help will be invaluable.

Gore Hospice Shop Manager, Sue Neiman, is thrilled with the support from the hardworking volunteers in wanting to make this evening a success. Sue feels this is an opportunity to give something back to the regular clientele of the Gore Shop and also a bit of fun for the Volunteers. Tickets will be available at the Gore Shop for \$2 each. For more information contact Gore Hospice Shop Manager, Sue Neiman on 03 208 0880

Winton: The Winton Hospice Shop is planning on having some craft demonstrations in store in the future. We also have an amazing selection of craft items for sale in our shop so come and check these out. Keep an eye out on Facebook and in-store for dates and times. For more information contact Winton Hospice Shop Manager, Maree Ronald on 03 236 8560

Wakatipu: The Wakatipu Hospice Shop will be holding an event at Jack's Point on Friday 13th November. With a dinner, entertainment, fashion show and auction, this will be a night to remember. For more information contact Wakatipu Hospice Shop Manager, Kay Mortimer on 03 442 5857

Thanks to our generous donors!

E Hayes & Sons Ltd	\$1,200	Community Donation Box & Donation
KJ & LM Burns Ltd (Z Energy)	\$1,079	"Z Good in the Hood" - Queenstown
Lions Club of Winton	\$2,000	General Operational Costs
Rotary Club of Winton	\$5,000	Donation
The Antique Fair Charitable Trust	\$1,200	Antique Fair - Arrowtown
Murray Gormack	\$1,000	Donation

Wishlist

Coffee • Small coke cans • Jelly • Small apple juices • Colourful serviettes for patient trays
 Dishwashing detergent • New World & Pak 'n Save vouchers • Napisan • Bleach

The Family Support Team is also on the lookout for any Recordable Books and Recordable Message Bears. Our grocery needs are often changing, for an updated wish list please contact Hospice Southland reception on 03 211 3081

From left: Hospice Southland's Service Development and In-Service Education Officer Kirsty Robertson and Enrolled Nurses Sue Taylor and Corina Calvert.



Recently we held a special afternoon tea at Hospice Southland to acknowledge some of our long-standing staff. Service Development and In-Service Education Officer, Kirsty Robertson, has been with Hospice Southland for 23 years, as has Enrolled Nurse Corina Calvert. Enrolled Nurse, Beth Brown, has been with Hospice Southland for 20 years and Enrolled Nurses Sue Taylor and Brenda Scully have been with the organisation for 15 years. The dedication and commitment of these staff to the work we do at Hospice Southland is greatly appreciated.