Hospice Southland offers a wide and varied range of learning opportunities for health professionals, health workers, community colleagues, groups and individuals who support and care for those with a life limiting illness, and their families.

Courses provide an opportunity for participants to increase their knowledge and skills in palliative care, whilst gaining understanding of the psychosocial challenges which the patient and their family may experience at the interface of living and dying.

Sessions are holistic in approach and designed to be interactive, inclusive and collaborative.

The sessions offered in this brochure take place at Hospice Southland, however the education team is able to bring education to your workplace if requested.

Please contact Jan Nally to discuss your specific needs.

Palliative Care Education Team
Hospice Southland
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Email: jan.nally@hospicesouthland.org.nz
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COURSES TO BE CONFIRMED
Medical Director Workshop
Spiritual and Cultural Symposium
GP Master Classes

HOSPICE NEW ZEALAND SYRINGE DRIVER COMPETENCY
Theoretical and practical knowledge to assist Registered and Enrolled Nurses to safely manage continuous subcutaneous infusion.
♦ Rationale for use
♦ Medications and calculations
♦ Setting up an infusion
♦ Compatibility of medications
♦ Care of the patient with a syringe driver

Tuesday 23rd February, 12.00—2.30pm
Tuesday 9th August, 12.00—2.30pm
These workshops can be adjusted to accommodate yearly updates if needed.
HOSPICE NEW ZEALAND EDUCATION PACKAGE

FUNDAMENTALS OF PALLIATIVE CARE

An integrated education programme developed by Hospice New Zealand covering all aspects of palliative care.

The Fundamentals have been revised this year and a module on spirituality has been added. Consisting of ten sessions, this series is designed to provide knowledge and skills for those who work with the dying person and their families. Packages are applicable across all settings.

All ten modules are being offered in March, with sessions repeated later in the year for those who may have missed one as advertised. Completion of Module One the “Essence of Palliative Care” is a pre-requisite to continuing with the other modules.

Requirements of participants include a self-learning commitment and pre and post session learning activities. Pre-learning material is distributed by email, two weeks prior to the session. Certificates are issued upon receipt of the post session learning and the evaluation form which is completed one month after the session.

**Please note, the full package is 16 education hours**

These are all 4 hour sessions, Tuesdays from 8.30 am—12.30 pm

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<td>1st March</td>
<td>Essence of Palliative Care</td>
<td>Pain and Symptom Management</td>
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<td>(pre-requisite for other sessions)</td>
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<td>8th March</td>
<td>Pharmacology</td>
<td>Last Days of Life</td>
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<td>Spirituality</td>
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<td>15th March</td>
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<td>Palliative Care for People with Dementia</td>
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<td>22nd March</td>
<td>Ethical Issues in Palliative Care</td>
<td>Loss and Grief</td>
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<td>Caring for Ourselves</td>
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All Fundamental sessions will be repeated once more through the year as follows:

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<th>Date</th>
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<tr>
<td>12th July</td>
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<td>26th July</td>
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<td>2nd August</td>
<td>Communication</td>
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<td>18th October</td>
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END OF LIFE STUDY DAY
Southern District Health Board Practice
Development Service

Thursday 14th April 8.30 am—4.00 pm
Held at Hospice Southland, Meeting Room 2
Presentations will cover all aspects of palliative care. Final programmer details closer to the time

COMPANIONING THE DYING
Palliative care education for those who spiritually share the journey with people who are nearing the end of their lives.
May be of interest to chaplains, ministers, priests, pastoral care workers, health professionals and those who are interested in spiritual companioning.
This is a two-part course. The second part is offered two weeks after the first.

Part One — presence, connectedness, meaning, hope, the tenets of companioning

Tuesday 5th April 1.00pm—4.00pm

Part Two — suffering, bearing witness, metaphor and imagery near the end of life, surrender, acceptance

Tuesday 19th April 1.00pm—4.00pm

HOSPICE NEW ZEALAND PALLIATIVE CARE EDUCATION FOR CARE ASSISTANTS
This programme aims to provide health care assistants with knowledge and understanding of the key principles and skills needed to provide quality palliative care. The course involves four interactive sessions:

♦ The principles of palliative care
♦ Communication and support
♦ Pain and symptom management
♦ Dying, grief and loss

Held over four consecutive Tuesdays
17th –24th –31st May and 7th June

THE PRINCIPLES AND PRACTICE OF PALLIATIVE CARE
To increase and enhance the skills of Registered and Enrolled Nurses and enable excellence when caring for those with a life limiting illness.

- The principles of palliative care
- Communication, emotional & spiritual aspects of care
- Pain assessment and management
- Palliative Care Nurse Specialist roles in Hospital and Aged Care Facilities
- The last days of life

**Tuesday 19th July 8.30 am – 3.30 pm**

**A GEOGRAPHY OF DYING**

Through the medium of narrative, this workshop is an in-depth exploration of the emotional journey of a dying patient.

An interactive workshop for health professionals with a reflective component which is conducive to practicing with awareness.

**Thursday 8th September 1.00pm—4.30pm**

**GENESIS TRUST BREAKFAST LECTURE SERIES**

Held the first Thursday of each month 7.30 am – 8.30 am at Hospice Southland and Lakes District Hospital

A variety of experts in palliative care from NZ and around the world share their knowledge.

Please visit our website for the current flyer or phone to have your name added to the mailing list.

www.hospicesouthland.org.nz

Phone (03) 211 –2285
PALLIATIVE CARE KNOWLEDGE AND COLLABORATION GROUP

Interactive bi-monthly group meeting between health professionals who have an interest in palliative care. Those who work in Hospitals, Allied Health, Aged Residential Care, Primary Health and Hospice are very welcome to attend.

An opportunity to share and discuss our own experiences with a focus of learning. An interactive meeting for those who wish to develop their knowledge further, in a supportive group environment.

Please register your interest by the 1st March. Confirmation of time dates and venue will follow:

Contact Jan Nally

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