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Hospice Matters

• WINTER 2018 •

OUR TEAM IN QUEENSTOWN HAS GROWN!

Meet the team working for Hospice Southland in Queenstown. We've expanded the team to provide a more comprehensive service for the growing need in the Wakatipu area. With this team we can now provide the very best community based Specialist Palliative Care, thanks to the generosity of our local community support.

Louisa is a Nurse Practitioner experienced in Specialist Palliative Care, while Heather is our Family support representative providing grief support as well as being a social worker. Christine is an occupational therapist completing her Masters in Palliative Care, and Amanda Henderson is a Hospice Registered Nurse. Our Medical Specialist, Dr Amanda Sommerfeldt, while based in Invercargill, supports the team and visits the area regularly.

Together they are focused on ensuring patients and families in the area are receiving the very best palliative care. To do this they work collaboratively with local GP's, District Nurses, the team at Central Lakes Hospital as well as the team at Lake Wakatipu Care Home. They also provide education for local health professionals in palliative care. And all Hospice services are free of charge. Our sole aim is

to ensure those in need within our community receives the very best care possible.

As a community owned charity, Hospice Southland has been providing Specialist Palliative Care for residents in the area for over 26 years however it has only been in the last three years that we have been able to have staff based in the area. Previously patients were cared for by staff travelling from Invercargill.

In 2015 thanks to the generosity of both the MacTodd Adept Trust and the Community Trust of Southland, we were able to open a store in Gorge Road and employ our first Palliative Nurse Specialist based in Queenstown. Today, thanks to the support of the many volunteers at the store, local businesses who have helped raise funds, and the Central Lakes Trust, we are now in a position to grow our team to ensure we can be there for both our patients and the families who are facing a terminal diagnosis.

With our communities on-going support, you can be confident we will be there when there is a need.

Our Queenstown team, from left, Christine Pacey, Amanda Henderson, Heather Clay, Louisa Ingham and Dr Amanda Sommerfeldt



CALVES FOR HOSPICE

Last year we partnered with Jenny Holmes, Manager of the Winton Farm Source store to set up a calf rearing fundraiser scheme for Hospice.

It truly was a "community" fundraising project involving donated services and time from many of our rural supporters. Thank goes out to Murray Mitchell and the team at Peter Walsh & Associates, cartage firms Andrews Transport, Callahan Transport, DT Kings, HRT, Sinclair Transport and TSL. Also Lakers House of travel, Sgt Dan and Farm Source who donated prizes, and also Katrina Thomas and the Southern Dairy Women's Network for their support.

Most of all, we would like to thank the over 100 farmers who donated calves last season. With individual Farmers donating from 1 to 5 calves each, we received 135 in the end and raised over \$55,000 to help ensure Hospice Southland can be there when we are needed no matter where you are in our region. Hospice Southland has the largest geographic area to cover of any Hospice and it is only through such generosity that we can do the work we do.

We are hoping 2018 will be an even bigger year for our "Calves for Hospice" fundraiser. While there remains worries about how the presence of Mycoplasma Bovis Virus in the region will impact on the scheme, our team are confident by the end of the year we will be o.k. So don't delay, register for this years scheme today. To date we have over 70 calves pledged and would welcome your support.

If you or someone you know can help by donating a calf or two for our fundraising sale, please go to www.calvesforhospice.org.nz to find out more and register for 2018. This year the calf sale date has been set for 11th December.

Register now and we will keep in touch. Thank you for your support.

DID YOU KNOW?

Volunteers lead longer, happier, more fulfilled lives? True! Here at Hospice Southland we have over 400 volunteers who donate not only their time, experience and skills, but most importantly passion for what we do. Without this generosity we simply would not have a Hospice. If you want to make a difference while having fun, call Robyn our Volunteer Coordinator at Hospice Ph 03 2113081. Alternatively go to our website www.hospicesouthland.org.nz and click on the "Our people" tab to find out more and register your interest. We have many, many opportunities for you to join the team, look forward to hearing from you.



QUEENSTOWN B.N.I SUPPORTING HOSPICE IN THE WAKATIPU

B.N.I clubs in Central Otago and Queenstown combined to run a fundraiser with Highlands Park Motor Sport recently. Highlands owner Tony Quinn spoke at the fundraiser and the B.N.I. clubs raised funds for their charity of choice by selling tickets to the event. Queenstown B.N.I. club donated funds raised to Hospice Southland to support local Hospice services. Thank you guy's, we are so grateful for the support.



► Shawn Heely, Queenstown B.N.I team leader and John "Boggy" McDowell - Hospice Retail Manager Queenstown

FROM STEWART ISLAND TO GLENORCHY....

Hospice Southland covers a huge area spanning from Stewart Island in the south right through to Glenorchy in the north. Amanda visited Stewart Island recently on a particularly lovely autumn day. Accompanied by Community Nurse Specialist, Mary Massey, Amanda visited patients living in Stewart Island.

Thanks to our communities' support, we can be there for patients when needed and ensure those we care for receive the very best care available, regardless of where they live.



► Hospice Medical Director and Specialist, Dr Amanda Sommerfeldt on Stewart Island recently.

HOSPICE HOST ROTARY CLUBS FOR HOSPICE AWARENESS WEEK

As part of the 2018 Hospice Awareness Week activities we invited 9 of the local Rotary Clubs to hold their weekly meetings at Hospice. In the end we hosted 7 of the 9 clubs plus Invercargill North Inner Wheel. The response was so good we had to hold the meetings over 2 weeks in May.

Hosting local Rotary Clubs allowed us to inform members of Hospice development's and let them know how grateful we are for the support we receive from our community. Members also took the chance to a take tour of our facilities and talk with our staff about what it's like to work at Hospice.

The events were a huge undertaking for Hospice but it was an important opportunity to maintain our connection with our community. We are constantly looking for opportunities to inform our community about our service and would welcome enquiries from groups throughout the region who might like to have us come and present to you.

While we have a fabulous facility here at Hospice which enabled us to accommodate the club meetings on site, catering was going to be a challenge for our team. Thankfully Janine and the team at Koha Kai agreed to prepare all the meals for the 7 meetings, catering for up to 80 people at a time with a fabulous two course meal. Our thanks go out to the wonderful team at Koha Kai who did an amazing job with many Rotarians suggesting they'd prefer to have them cater every week if they could.

At the meetings we had several staff attend as guests and were able to mix with club members and provide an insight into what it's like working at Hospice which Club members really enjoyed. There were also a number of staff involved in helping to organise each night and we also very much appreciated the volunteers from Hargest High School who helped with welcoming and serving as well as helping clear up after each meeting.



◀ From top: Members from the Invercargill South Rotary Club assemble for their meeting at Hospice; Koha Kai team members proudly present their fabulous cuisine to Rotary Club members; Volunteers from Hargest High School - Jessica Spain, Ella Knight, Cassie Gray and Neve Waddel.

THE GREAT NEW ZEALAND FUNDRAISING TRACTOR TREK

When Phil Aish's much loved wife Janice died a year after being diagnosed with cancer, Phil organised a cavalcade of vintage tractors, jeeps and trucks to trek 2000k from Bluff to Cape Reinga to raise funds for hospices across the country. Not only did the event raise nearly \$100,000, but Phil and his supporters captured the hearts of people right across New Zealand.

And in 2018, Phil and his friends are at it again!

"In her last days, my wife and I discussed how we could repay in some small measure the enormous debt of gratitude we owed to hospice and their many volunteers. After listening to me thinking about the practicalities of a fund-raising tractor-trek, my wife simply said: "Do it!" So in planning this trek I see the fulfilment of my promise to my darling wife and her legacy to those who cared for her." - Phil Aish.

Phil, we are in awe of this wonderful tribute to Janice, and we are so very grateful to you and everyone involved in The Great NZ Tractor Trek for raising both funds and awareness of hospice services across the country.



IWMC "SPUD DIG 2018"

Celebrating 26 year tradition – raising funds for Hospice.

A huge thank you to the team at the Invercargill Working Mens Club. In March they celebrated their 26th year of the IWMC Spud Dig Hospice fundraiser, this year raising \$10,000 for Hospice services locally.



Committee members round up well over 100 auction items each year to go with the shores of "Spuds" freshly dug that morning. Members compete for the Largest Spud and Largest Shore trophies each year and the competition is intense. Then they compete again to buy back their

spuds along with a huge array of goods and services donated by local businesses.

There is always a great deal of "Fun" each year for club members involved in this fundraiser. There's also a minute of reflection for those club members who have been helped by Hospice during the previous year. Hospice clearly is a much valued part of our community and it is a privilege to have such fantastic support across our region.

We hope members continue to support this fundraiser, with 26 years of tradition, and so much fun had, we hope to see you again in 2019 and well beyond. If you want to support this fundraiser by donating auction items or competing in the spud dig competition, contact us as Hospice and we'll put you in touch with the IWMC Team.

BAKING VOLUNTEERS NEEDED

We are looking for keen volunteers to put together a baking crew to help prepare delicious treats for patients, families and our huge team of volunteers that pitch in and make everything possible here at Hospice. If you are a keen baker, or interested in being part of a team and learning new skills, please contact June or Robyn on 03 211 3081. Commitment would be 3-4 hours once a week, either Wednesday or Thursday here at Hospice.



CRAIGS 14298

Thank You

— TO OUR GENEROUS DONORS —

Estate of Errol Thompson Harvey	\$1,100	In Memory Of Donation
Rotary Club of Invercargill.....	\$1,000	Donation
Rotary Club of Invercargill North.....	\$10,500	Proceeds from Annual Christmas Raffle
Administration Professionals Com.....	\$1,000	Donation from Admin Professionals Day
J B W McKenzie Trust.....	\$5,000	Donation
Neville Stronach	\$1,000.00	Donation
C S Roofing Ltd Invercargill	\$1,200.00	March Donations
BNI Queenstown.....	\$1,580.00	Extreme Team
E Hayes & Sons Donation Box.....	\$1,078.00	Community Donation Box
Mr & Mrs J&H Hannan.....	\$1,000.00	Donation
The Antique Fair Charitable Trust	\$1,300.00	Invercargill & Arrowtown Fairs
Father Maurice White.....	\$1,000.00	Donation
Mr Brian Wilson	\$1,000.00	Donation
Invercargill Working Mens Club.....	\$10,000.00	2018 Spud Dig & Donation
Southern Dirt Bike Riders Club.....	\$1,000.00	Motor Cross Club Day
Mrs Elinor Collins.....	\$1,000.00	Donation
C S Roofing Invercargill	\$1,200.00	February Donations
Counselling & Human Relations Centre.....	\$2,000.00	Patient and Family Support
H&J Smith Ltd	\$2,929.10	In Memory Of Donation
Anonymous.....	\$5,000.00	Anonymous
Mr & Mrs AC & LG Tee	\$1,500.00	Donation
Windsor Brass Ltd.....	\$1,000.00	Donation
Estate of Errol Thompson Harvey	\$2,287.35	In Memory Of Donation
Ms Angela Miller	\$2,500.00	In Memory Of Donation
Estate of Margaret Maxwell Howatson	\$132,367.81	Bequest
Anonymous.....	\$18,717.70	Street Day Appeal
Anonymous.....	\$1,000.00	Auction Items – Hospice Golf Classic
Craigs Investment Partners Ltd.....	\$ 3,000.00	Primary Sponsor - Hospice Golf Classic

KEEP UP TO DATE

Want to keep up with the great things Hospice Southland is doing? Like and follow us on Facebook

<http://www.facebook.com/hospicesouthland>

WISH LIST

- Toilet Paper • AA and AAA Batteries • Coffee • Sugar
- Flour • Butter • Eggs • Tea Towels • Biscuits • Janola
- Paper Towels • Tinned Samon/Fish • Fabric Whitener
- Pump bottle moisturiser (perfume free) • Milo • Serviettes
- Coloured Pillow Cases • Cans of Lemonade and Coke
- Bottles of Orange Juice

 **DONATE NOW**

To make a direct credit, please make donations to:
HOSPICE SOUTHLAND, 03-1745-0005791-00
 Please use your name or organisation along with phone number as a reference.